



Sunshine in Every Egg & *The Taste of Spring In Every Bite*

When day after day dawns cold and cloudy, it's hard to believe the sun is shining anywhere. But it is! On family farms throughout the pasture belt - those warm-weather states that rarely see snow - our Southern girls fluff up their feathers and forage beneath bright skies in pastures stuffed with seeds, grasses and crunchies. Even in the winter!

A healthy diet and ample sunshine help our ladies take in more vitamins and minerals than possible from corn-based feed alone. So it's no surprise studies have shown that eggs from hens who enjoy regular roaming contain more Vitamin A, D and E. It's a difference you can see in every sunny-side up, down or scramble.

So until the slush melts from your sidewalks and you can do a little roaming of your own, know that our girls are still outside, playing and foraging on their open pastures, and that every egg you crack open really is sunny-side up, no matter how you cook it!



Chill winter winds may blow, but our girls are still outside a'foraging!

Making Better Butter

There's no question. Butter tastes better when it comes from grass-fed, pasture-raised girls, whose rich, high-fat milk yields quite literally the cream of the crop. Our four-legged girls on grass live in small herds and roam well-managed family farms. It's a good life.

Farm-fresh milk deserves artisanal care, so we make our butter better. How? Small batches, slow churned, and carefully watched by an experienced sixth generation buttermaker, a family legacy begun 120 years ago at America's oldest creamery.

Humane, sustainable and ethically produced - it's a tasty tongue twister! When we make butter better, you get better butter.

www.vitalfarms.com/find



Bird of the Month



Nimble Naomi loves to scratch around in the weeds!

***Our Mission** is to bring ethically produced food to the table by coordinating a collection of family farms to operate with a well-defined set of agricultural practices that accentuates the humane treatment of farm animals as the central tenet.*

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@VitalFarms #Eggstatic

